

**Hunger, Thirst, Sex, And Sleep: How The Brain  
Controls Our Passions**

**By John K. Young**

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Oct 08, 2012 Science & Technology Reviews | October 1, 2012. By LJ Reviews on October 9, 2012. Quammen, David. Spillover: Animal Infections and the Next Human Pandemic.  
<http://reviews.libraryjournal.com/2012/10/books/nonfic/sci-tech/science-and-technology-reviews-october-1-2012/>

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<http://www.tower.com/anal-seekers-h-l-bagley-paperback/wapi/118042196?download=true&type=1>

The hypothalamus is a section of the brain responsible for the production of many of the body's essential hormones, thirst, hunger, sleep, mood, sex drive,  
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