

The Essential Movements Of T'Ai Chi

By John Kotsias

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Physical Therapy John Kotsias has been studying T'ai chi and related He is the author of the "Essential Movements of T'ai chi" and teaches

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John Kotisas is the author of The Essential Movements of Tai Chi (3.25 avg rating, 4 ratings, 1 review, published 1989) register; John Kotisas s Followers.

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